



First Quarter Fiscal Year 2026 Supplemental Presentation

February 3, 2026



Cautionary Statement Regarding Forward-Looking Statements



Certain matters discussed in this presentation and the accompanying oral presentation are forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. These forward-looking statements are made based on known events and circumstances at the time of presentation, and as such, are subject to uncertainty and changes in circumstances.

These forward-looking statements include, among others, statements regarding BellRing Brands, Inc.'s ("BellRing") net sales, Adjusted EBITDA and capital expenditure outlook ranges and BellRing's prospective financial and operating performance and opportunities. These forward-looking statements are sometimes identified from the use of forward-looking words such as "believe," "should," "could," "potential," "continue," "expect," "project," "estimate," "predict," "anticipate," "aim," "intend," "plan," "forecast," "target," "is likely," "will," "can," "may" or "would" or the negative of these terms or similar expressions, and include all statements regarding future performance, events or developments. There are a number of risks and uncertainties that could cause actual results to differ materially from the forward-looking statements made herein.

THESE RISKS AND UNCERTAINTIES INCLUDE, BUT ARE NOT LIMITED TO, THE FOLLOWING:

- BellRing's dependence on sales from its ready-to-drink ("RTD") protein shakes;
- BellRing's ability to continue to compete in its product categories and its ability to retain its market position and favorable perceptions of its brands;
- disruptions or inefficiencies in BellRing's supply chain, including as a result of BellRing's reliance on third-party suppliers or manufacturers for the manufacturing of many of its products, pandemics and other outbreaks of contagious diseases, labor shortages, fires and evacuations related thereto, changes in weather conditions, natural disasters, agricultural diseases and pests and other events beyond BellRing's control;
- BellRing's dependence on third-party contract manufacturers for the manufacture of most of its products, including one manufacturer for nearly half of its RTD protein shakes;
- the ability of BellRing's third-party contract manufacturers to produce an amount of BellRing's products that enables BellRing to meet customer and consumer demand for the products;
- BellRing's reliance on a limited number of third-party suppliers to provide certain ingredients and packaging;
- significant volatility in the cost or availability of inputs to BellRing's business (including freight, raw materials, packaging, energy, labor and other supplies), including as a result of tariffs or inflationary pressures;
- BellRing's ability to anticipate and respond to changes in consumer and customer preferences and behaviors and introduce new products;
- BellRing's ability to expand existing market penetration and enter into new markets;
- consolidation in BellRing's distribution channels;
- the loss of, a significant reduction of purchases by or the bankruptcy of a major customer;
- legal and regulatory factors, such as compliance with existing laws and regulations, as well as new laws and regulations and changes to existing laws and regulations and interpretations thereof, affecting BellRing's business, including current and future laws and regulations regarding food safety, advertising, labeling, tax matters and environmental matters;
- fluctuations in BellRing's business due to changes in its promotional activities and seasonality;
- BellRing's ability to maintain the net selling prices of its products and manage promotional activities with respect to its products;
- BellRing's ability to obtain additional financing (including both secured and unsecured debt) and its ability to service its outstanding debt (including covenants that restrict the operation of its business);
- the accuracy of BellRing's market data and attributes and related information;
- changes in critical accounting estimates;
- uncertain or unfavorable economic conditions that limit customer and consumer demand for BellRing's products or increase its costs;

Cautionary Statement Regarding Forward-Looking Statements (Cont'd)



(CONTINUED FROM PRIOR PAGE):

- risks related to BellRing's ongoing relationship with Post Holdings, Inc. ("Post") following BellRing's separation from Post and Post's distribution of BellRing stock to Post's shareholders (the "Spin-off"), including BellRing's obligations under various agreements with Post;
- conflicting interests or the appearance of conflicting interests resulting from certain of BellRing's directors also serving as officers and/or directors of Post;
- risks related to the previously completed Spin-off;
- the ultimate impact litigation or other regulatory matters may have on BellRing;
- risks associated with BellRing's international business;
- BellRing's ability to protect its intellectual property and other assets and to continue to use third-party intellectual property subject to intellectual property licenses;
- costs, business disruptions and reputational damage associated with technology failures, cybersecurity incidents and corruption of BellRing's data privacy protections;
- impairment in the carrying value of goodwill or other intangible assets or other long-lived assets;
- BellRing's ability to identify, complete and integrate or otherwise effectively execute acquisitions or other strategic transactions and effectively manage its growth;
- BellRing's ability to hire and retain talented personnel, employee absenteeism, labor strikes, work stoppages or unionization efforts;
- BellRing's ability to satisfy the requirements of Section 404 of the Sarbanes-Oxley Act of 2002;

- significant differences in BellRing's actual operating results from any guidance BellRing may give regarding its performance; and
- other risks and uncertainties described in BellRing's filings with the Securities and Exchange Commission.

You should not rely upon forward-looking statements as predictions of future events. Although BellRing believes that the expectations reflected in the forward-looking statements are reasonable, BellRing cannot guarantee that the future results, levels of activity, performance or events and circumstances reflected in the forward-looking statements will be achieved or occur. Moreover, BellRing undertakes no obligation to update publicly any forward-looking statements for any reason after the date of this presentation to conform these statements to actual results or to changes in its expectations.

Additional Information



Prospective Information

Any prospective information provided in this presentation regarding BellRing's future performance, including BellRing's plans, expectations, estimates and similar statements, represents BellRing management's estimates as of February 3, 2026 only and are qualified by, and subject to, the assumptions and the other information set forth on the slide captioned "Cautionary Statement Regarding Forward-Looking Statements."

Prospective information provided in this presentation regarding BellRing's plans, expectations, estimates and similar statements contained in this presentation are based upon a number of assumptions and estimates that, while they may be presented with numerical specificity, are inherently subject to business, economic and competitive uncertainties and contingencies, many of which are beyond BellRing's control, are based upon specific assumptions with respect to future business decisions, some of which will change, and are necessarily speculative in nature. It can be expected that some or all of the assumptions of the estimates will not materialize or will vary significantly from actual results. Accordingly, the information set forth herein is only an estimate as of February 3, 2026, and actual results will vary from the estimates set forth herein. It should be recognized that the reliability of any forecasted financial data diminishes the farther in the future that the data is forecast. In light of the foregoing, investors should put all prospective information in context and not rely on it.

Any failure to successfully implement BellRing's operating strategy or the occurrence of the events or circumstances set forth under "Cautionary Statement Regarding Forward-Looking Statements" could result in the actual operating results being different than the estimates set forth herein, and such differences may be adverse and material.

Market and Industry Data

This presentation includes industry and trade association data, forecasts and information that were prepared based, in part, upon data, forecasts and information obtained from independent trade associations, industry publications and surveys and other independent sources available to BellRing. Some data also is based on BellRing management's good faith estimates, which are derived from management's knowledge of the industry and from independent sources. These third-party publications and surveys generally state that the information included therein has been obtained from sources believed to be reliable, but that the publications and surveys can give no assurance as to the accuracy or completeness of such information. BellRing has not independently verified any of the data from third-party sources nor has it ascertained the underlying economic assumptions on which such data are based. Similarly, BellRing believes its internal research is reliable, even though such research has not been verified by any independent sources and BellRing cannot guarantee its accuracy or completeness.

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Category Definition Change

- Effective with Q1 FY2026, we have expanded and renamed the category from convenient nutrition to wellness
 - Wellness continues to include the same brands and products as convenient nutrition but has broadened to include additional products that research indicates consumers are using as complements to achieve their health and wellness goals through nutrition.
 - The Category now adds hydration (electrolytic forward powder and drink mixes), protein coffee, protein shelf stable milk (≥ 20 grams of protein) and expanded protein treats.
 - Total size of category increased from ~\$21 billion to ~\$24 billion.
 - Source remains Circana Multi Outlet+ with Convenience.
 - Category changes impact category growth, category household penetration and Premier Protein and Dymatize market share.
 - **No changes to previously reported Premier Protein and Dymatize consumption (both tracked and untracked), tracked distribution metrics and household penetration.**
 - Overall historical trends remain similar between wellness and convenient nutrition.

Q1 FY2026 Consumption and Key Metrics Executive Summary

- The wellness category showed continued growth (+7%)¹, with ready-to-drink (“RTD”) growth (+7%)¹ in-line with the wellness category while ready-to-mix (“RTM”) growth remained healthy.
- Premier Protein RTD consumption (-2%)² reflected strong growth in all channels except club (+11% growth excluding club)². Club was impacted by tough prior year comparisons, including lapping non-repeating promotion.
 - Steady distribution gains continued in Q1 FY2026, with TDP growth +26%¹ vs Q1 FY2025.
 - Household penetration (21.7%)³ grew vs prior year; Premier Protein’s household penetration and repeat rate remained number one in the RTD category and buy rate continued to be strong.
 - Premier Protein’s market share continued to lead the RTD and wellness category, finishing the quarter at 22.0%¹ in the RTD category.
- Premier Protein powders remained healthy, but growth moderated from headwinds on discontinued non-core products.
- Dymatize remained one of the strongest brands in the sports performance category with velocities in the top tertile of key customers.
 - Consumption was up +7%² vs Q1 FY2025 with RTD shakes driving growth.

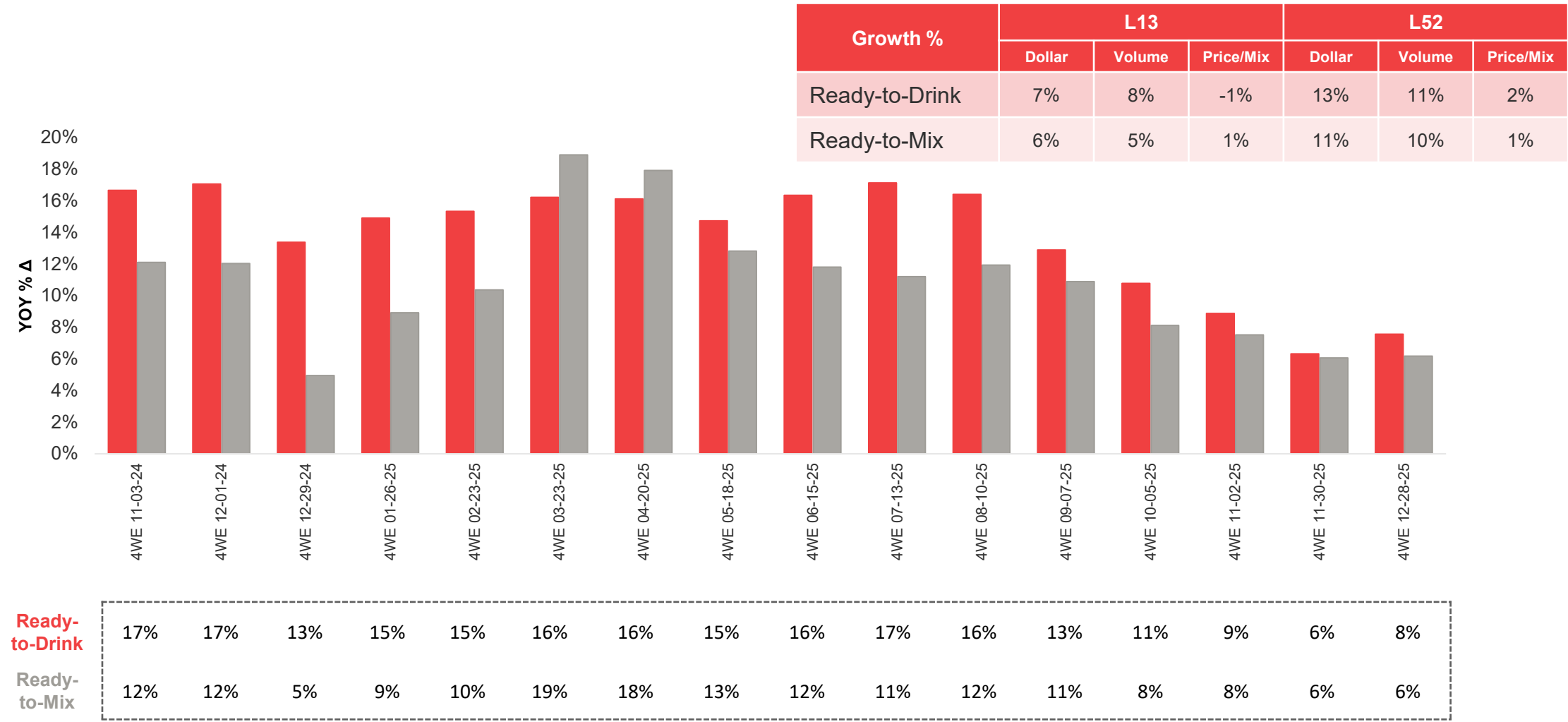
Notes:

1. U.S. Circana Multi Outlet+ with Convenience 13 weeks ended December 28, 2025.

2. U.S. Circana Multi Outlet+ with Convenience 13 weeks ended December 28, 2025 and management estimates of untracked channels for the 13 weeks ended December 28, 2025.

3. Numerator Total. U.S. Panel, 52 weeks ending December 28, 2025.

Ready-to-Drink and Ready-to-Mix Growth Remained Healthy



Notes:
Circana U.S. Multi Outlet+ with Convenience.

Premier Protein RTD Shake Growth in Food, Mass and eCommerce Partly Offset Club Headwinds

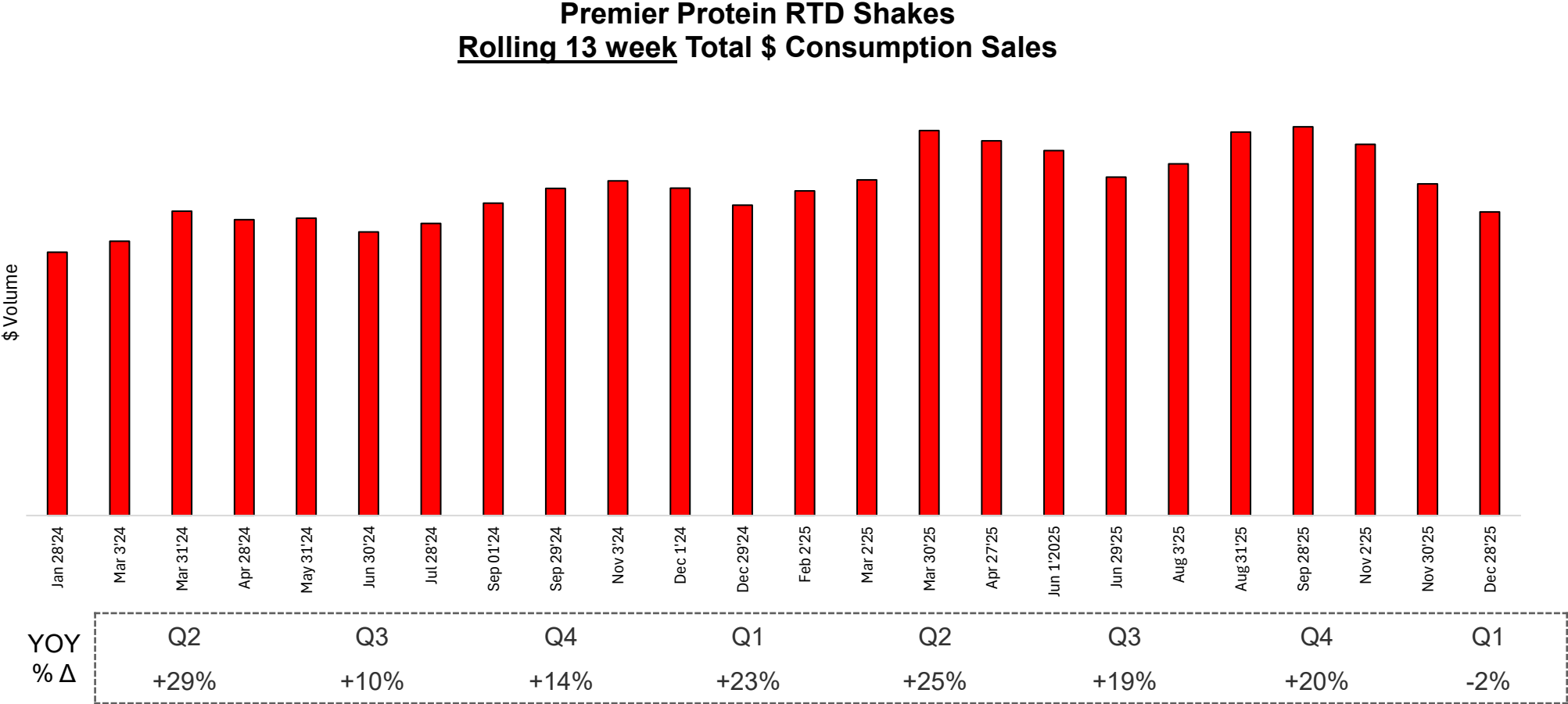


	Premier Protein RTD Shakes \$ Sales vs. Prior Year	
Channel	13 Weeks	52 Weeks
Club	-14.2%	+10.2%
Mass	+7.1%	+13.5%
Food	+16.7%	+34.8%
eCommerce	+20.0%	+22.3%
Total Consumption (tracked + untracked channels)	-2.2%	+15.5%

Notes:

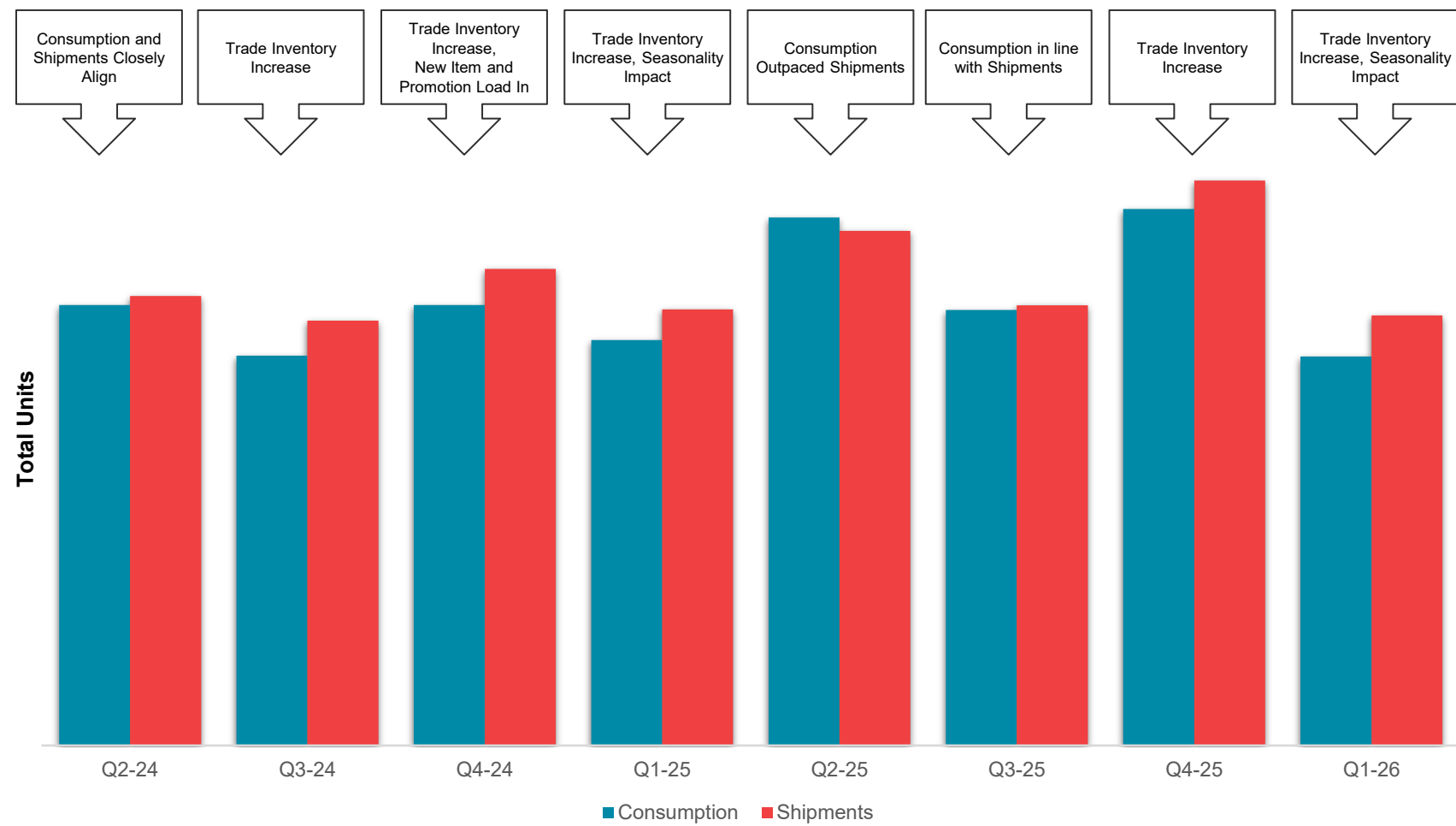
Total consumption includes tracked channels consumption (Circana U.S. Multi Outlet+ with Convenience 13 and 52 weeks ended December 28, 2025) and untracked channels consumption (management estimates of untracked channels for the 13 and 52 weeks ended December 28, 2025).

Q1 FY2026 Consumption Softened on Tough Prior Year Club Comparisons



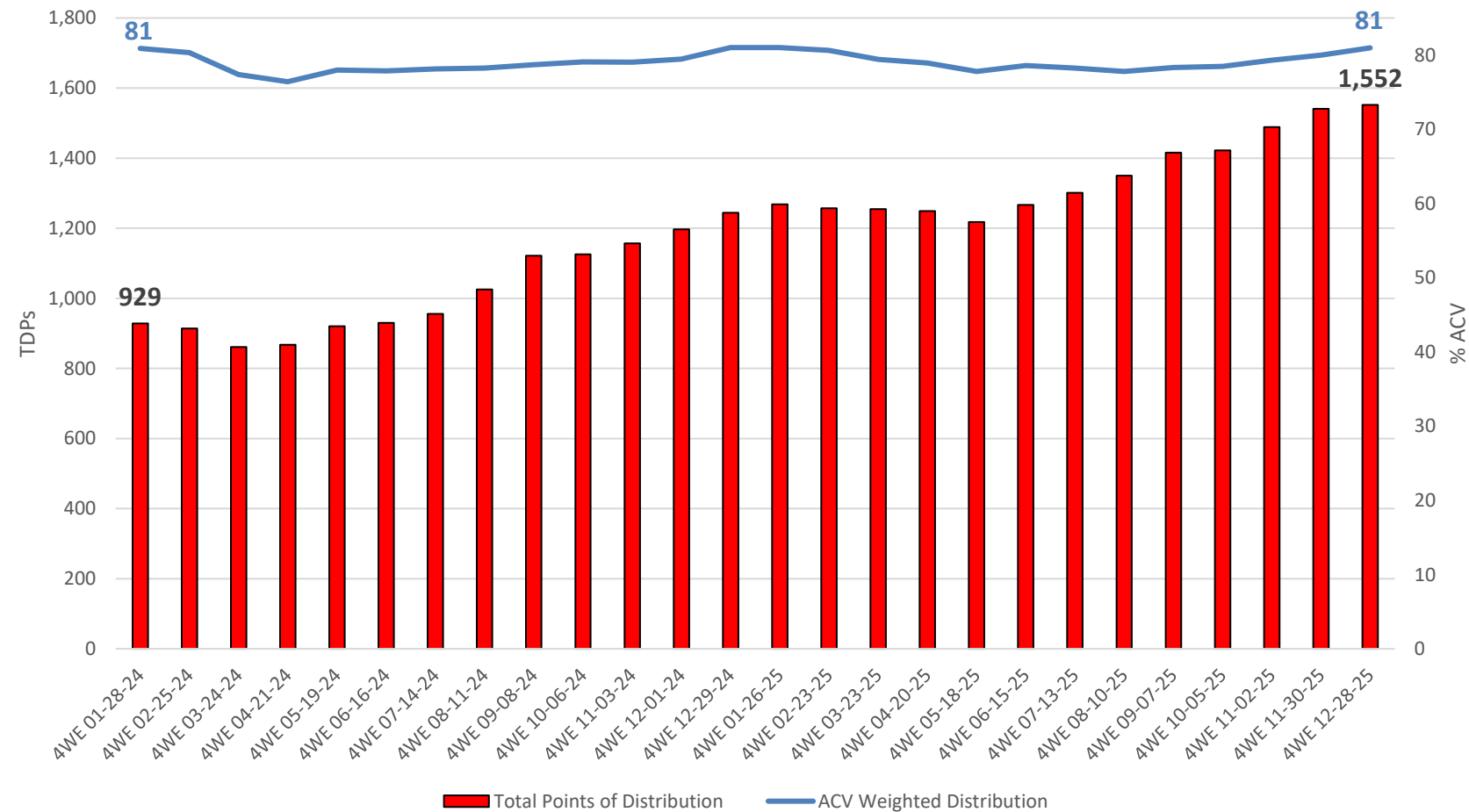
Notes:
Circana U.S. Multi Outlet+ with Convenience and management estimates of untracked channels.

Shipments Exceeded Consumption in Q1 FY2026 as Retailers Readied for Q2 Promotions



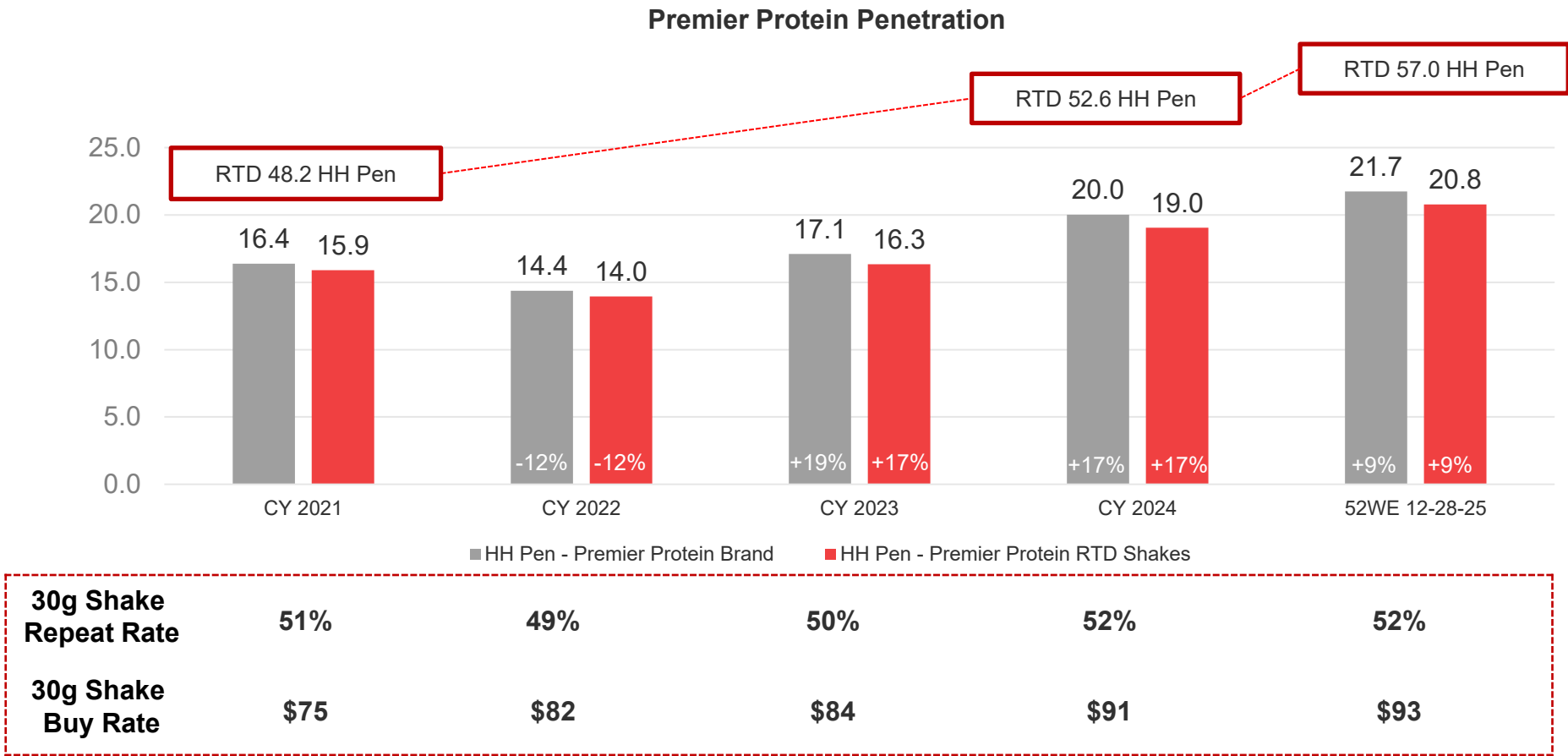
Notes:
Circana U.S. Multi Outlet+ with Convenience and management estimates of untracked channels.

Premier Protein RTD Shake TDPs Reached All Time High



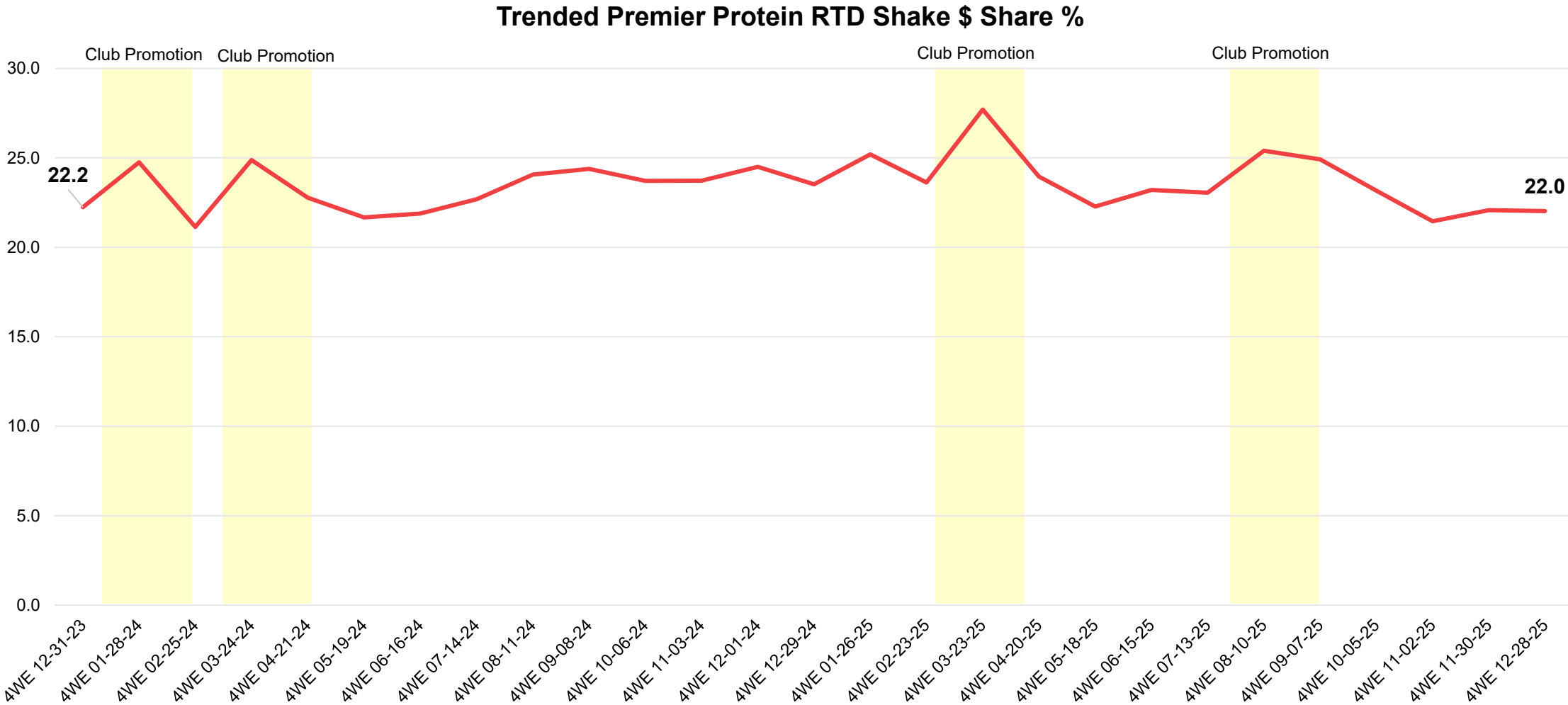
Notes:
Circana U.S. Multi Outlet+ with Convenience.

Premier Protein Brand Metrics Remained Strong



Notes:
 Numerator Total U.S. Panel 52 weeks ending December 28, 2025. Liquids refers to the liquid sub-category of the wellness category. Calendar Year ("CY").
 Numerator metrics such as penetration are subject to potential restatement or revisions due to market definition changes or late reporters.

Premier Protein RTD Shakes Maintaining #1 Share Position



Notes:
Circana U.S. Multi Outlet+ with Convenience.

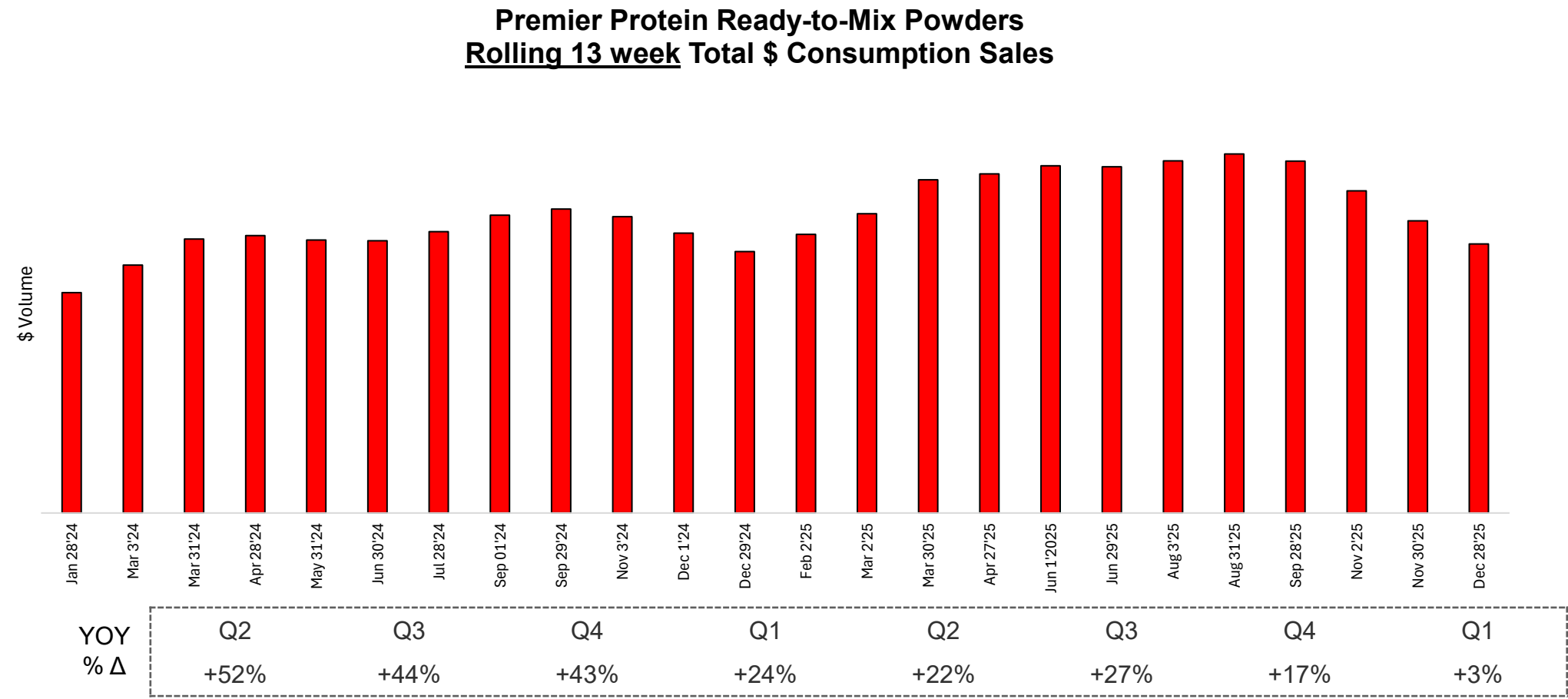
Premier Protein Powder Continued to Benefit from Channel Expansion Despite Headwinds from Non-Core Discontinuances

	Premier Protein Powders \$ Sales vs. Prior Year	
Channel	13 Weeks	52 Weeks
Mass	-6.6%	-0.2%
eCommerce	-0.6%	+5.6%
Food	-14.2%	+3.9%
Club	+100.0%	+100.0%
Total Consumption (tracked channels)	+2.9%	+17.0%

Notes:

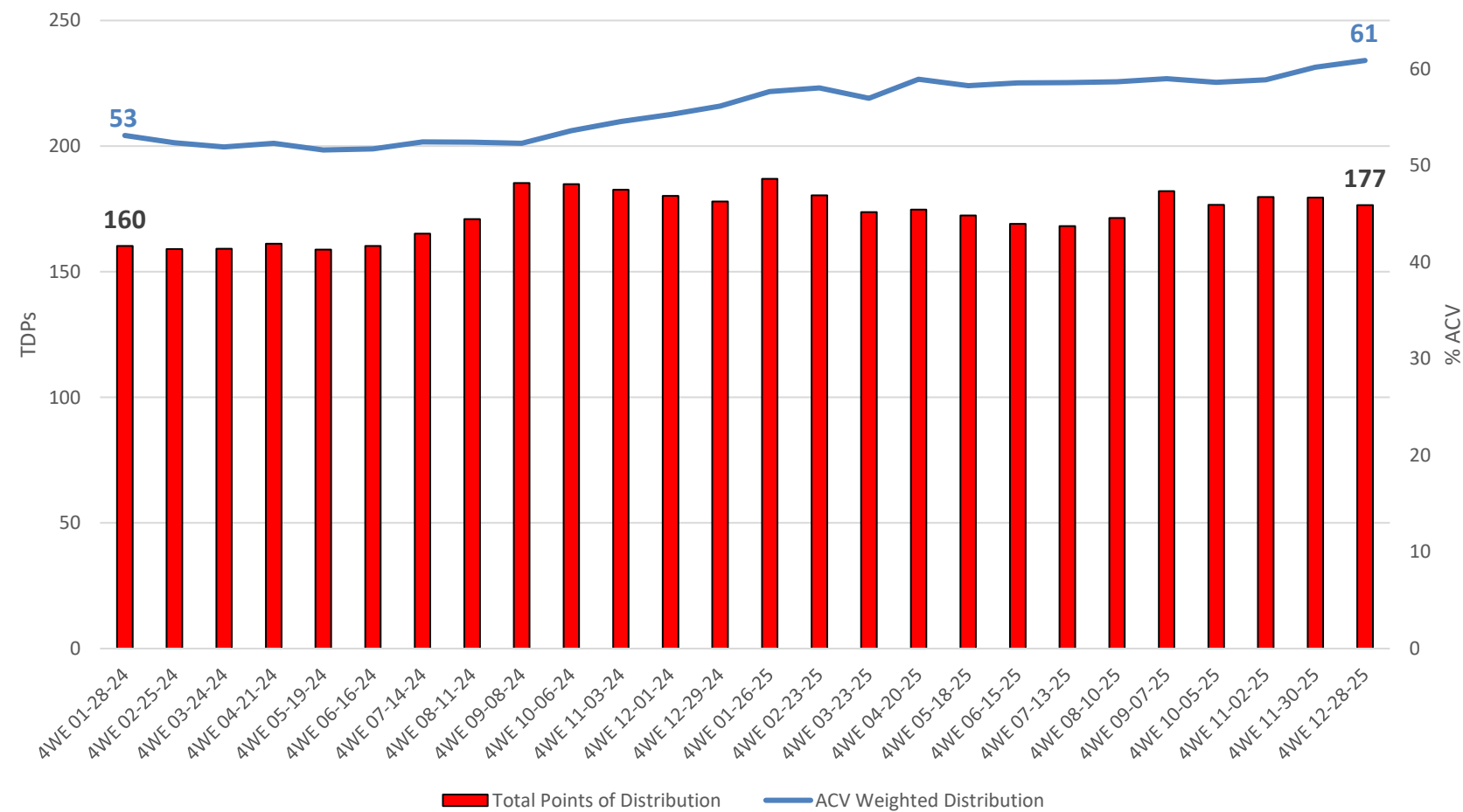
Total consumption includes tracked channels consumption (Circana U.S. Multi Outlet+ with Convenience 13 and 52 weeks ended December 28, 2025).

Premier Protein Powder Consumption Grew in Q1 FY2026



Notes:
 Circana U.S. Multi Outlet+ with Convenience.

Premier Protein Powder Distribution Steady



Notes:
Circana U.S. Multi Outlet+ with Convenience.

Dymatize Consumption Driven by eCommerce and Club Growth

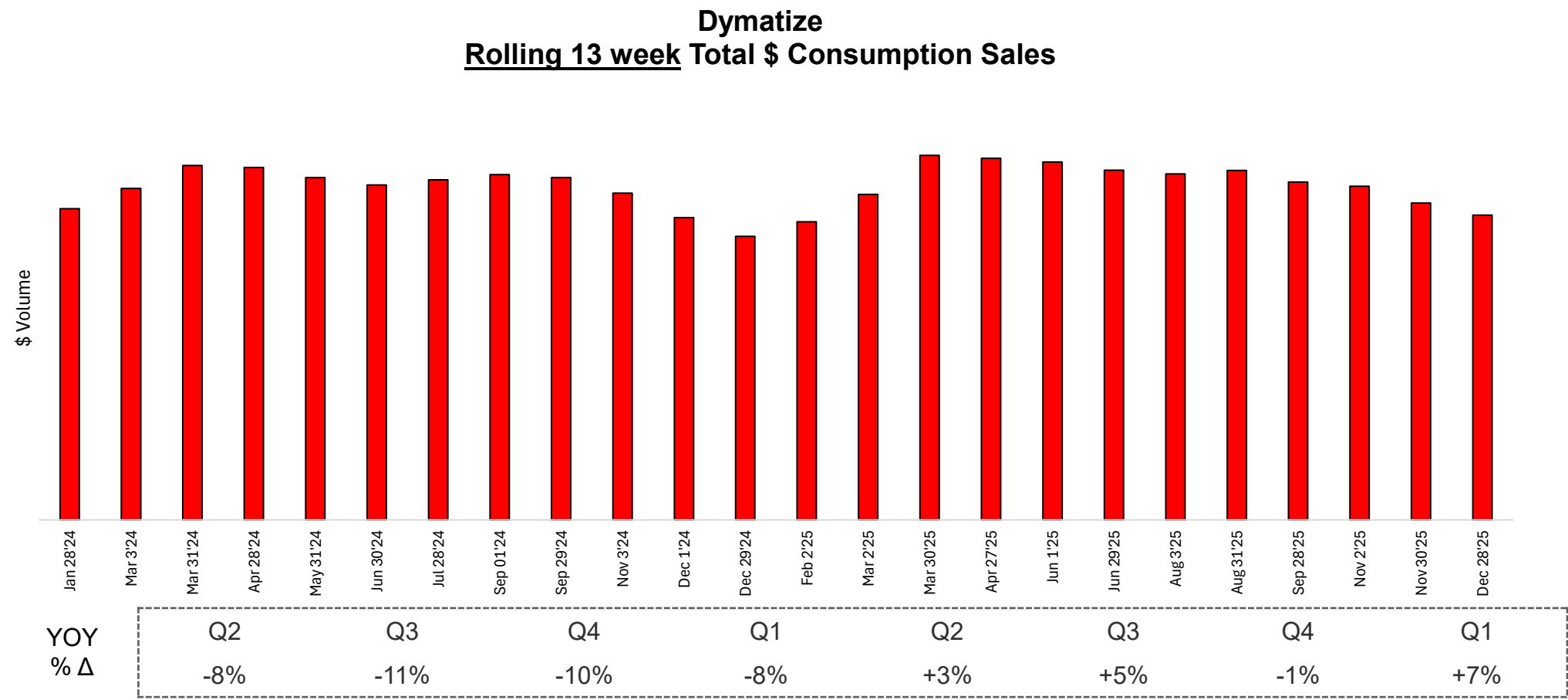
	Dymatize \$ Sales vs. Prior Year	
Channel	13 Weeks	52 Weeks
eCommerce	+9.9%	+10.8%
Mass	+2.8%	+0.2%
Specialty/All Other	-1.0%	-6.1%
Food	+8.9%	+2.6%
Club	+34.5%	-24.6%
Total Consumption (tracked + untracked channels)	+7.5%	+3.2%

- Tracked and untracked consumption represents ~50% of total global business

Notes:

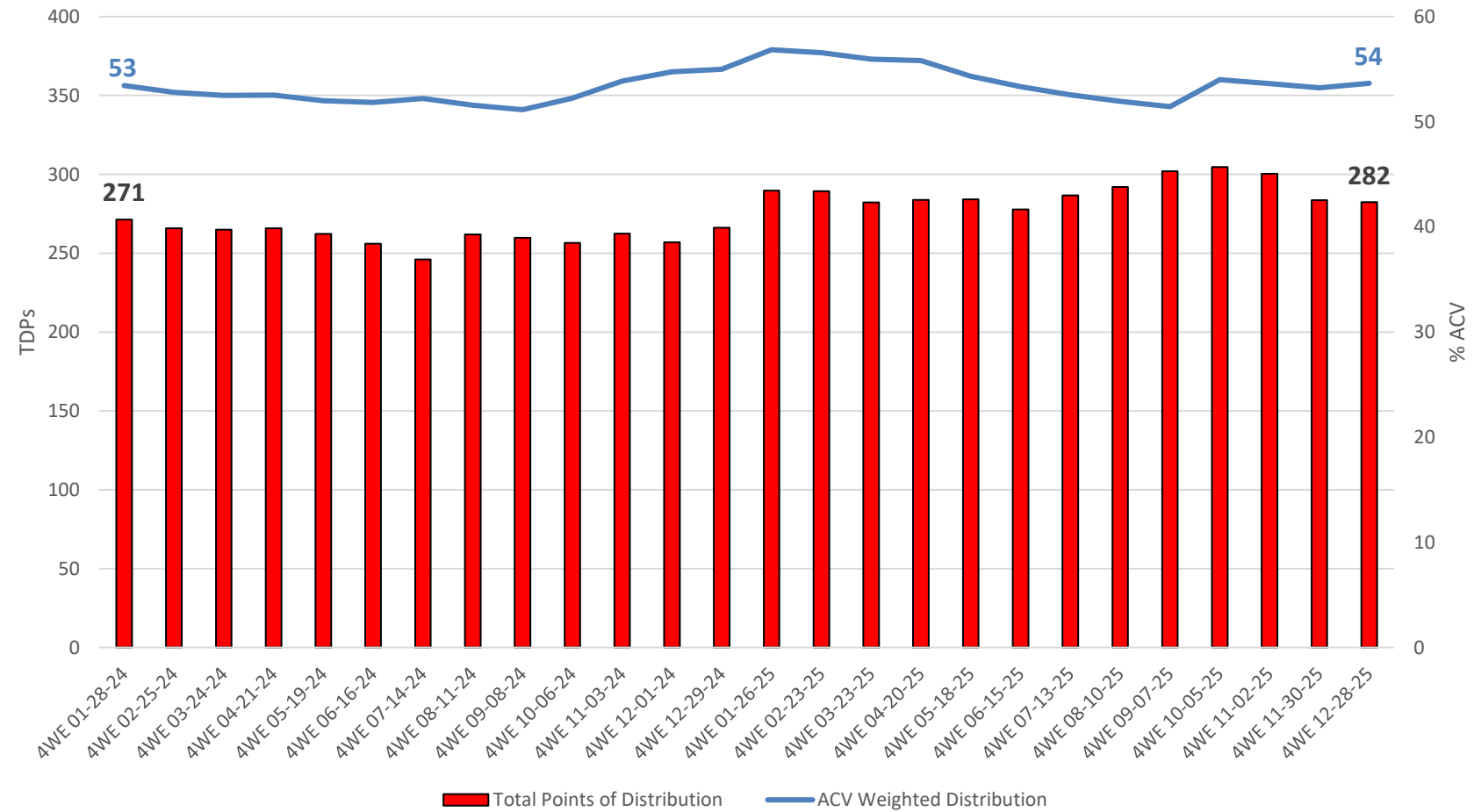
Total consumption includes tracked channels consumption (Circana U.S. Multi Outlet+ with Convenience 13 and 52 weeks ended December 28, 2025) and untracked channels consumption (management estimates of untracked channels for the 13 and 52 weeks ended December 28, 2025).

Total Dymatize Consumption Grew in Q1 FY2026



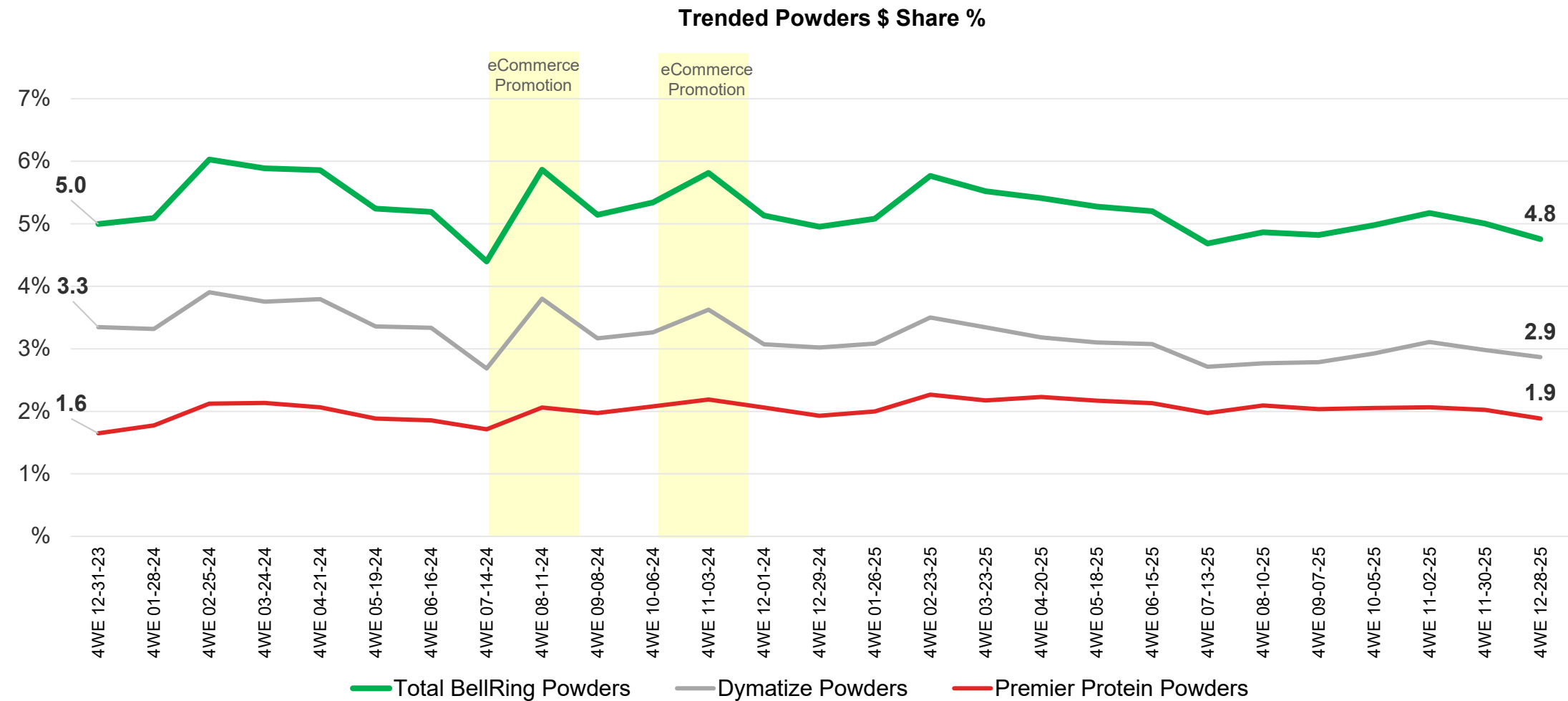
Notes:
Circana U.S. Multi Outlet+ with Convenience and management estimates of untracked channels.

Dymatize Growing Distribution Year-Over-Year



Notes:
Circana U.S. Multi Outlet+ with Convenience.

BellRing's Complementary Powder Portfolio Remains a Strong and Meaningful Protein Category Player



Notes:
 Circana U.S. Multi Outlet+ with Convenience.

